

WEEK 8 PREVIEW

Promises in the Bible

Ever made a promise to someone and then broken it? “I’ll take out the garbage when I get home.” “I’ll play with you when I’m done on the computer.” Perhaps worst of all, “I’m so sorry to hear that . . . I’ll pray for you.” We mean well, but don’t deliver.

Ever made a promise to God and broken it? “I’ll start being more consistent in my quiet times.” “I’ll give You more of my income.” We sing in church, “I surrender all,” but deep down inside we hold onto things. Or we’ll belt out a heartfelt, “Where you go, I’ll go. Where you stay, I’ll stay. When you move, I’ll move. I will follow.” Yet we go someplace else, stay somewhere else, and chase something else. We mean well, but don’t deliver.

The Bible is packed with promises from God to us. Unlike us, however, He doesn’t break His promises:

“God is not human, that he should lie, not a human being, that he should change his mind. Does he speak and then not act? Does he promise and not fulfill?”—Numbers 23:19 (NIV)

That means when God says He will direct our path, He will. When He says He heals the broken-hearted, He does. When He says that He is the same yesterday and today and tomorrow, He is.

What great comfort! The assurance of His promises equips us to tackle the issues in our lives with confidence. Whether our troubles are resolved or not, He will be there . . . unchanged. Be it fitness or financial, relational or occupational, emotional or spiritual, clinging to the truth of His promises sustains us.

In other words, He doesn’t just mean well . . . He delivers.

Daily Spiritual Exercise: Meditation on a Promise

For five minutes each day, you will be given a promise of God to meditate on, along with a corresponding verse. During this time, no music, other reading, distraction . . . or any of that. Merely meditate in silence for five minutes.

See what the Lord impresses on your heart.